



## WORK INSPIRATION – Health & Social Care

To help your students explore a range of careers and use resources that will help them assess their skills and abilities.

What better time to explore the roles of those staff who are working to save us and care for us in the community.

Explore a selection of generic careers websites:

- <https://www.healthcareers.nhs.uk/explore-roles>
- <https://www.stepintothenhhs.nhs.uk/careers>
- <https://www.allaboutcareers.com/careers/industry/health-social-care>
- A self-assessment [tool](#) for health careers
- **BBC Make It**  
Selection of careers [videos](#) from across health trusts in Northern Ireland
- **Careers Wales webinar**  
[Let's Talk](#) Careers in Health Care
- **We are Global Nurses**  
A short [video](#) showing just how amazing nurses and midwives are. 2020 is the International Year of the Nurse and Midwife.
- **University of Birmingham Blog**

5 videos every aspiring healthcare professional should [watch](#) this week.

- **Department of Health NI**  
Nursing and Midwifery Careers in Northern Ireland [website](#)  
Within the Department of Health – Allied Health Professionals (AHPs) refers to 12 professional careers – [explore](#) the list
- **NI Social Care Council**  
Explore a career in [Social Care](#)  
Explore a career in [Social Work](#)  
Degree in [Social Work in NI](#)  
Meet local [Ambassadors](#)
- A Question of Care – A Career for you? [Do this interactive quiz](#) and at the end you'll receive a detailed personal profile that tells you if you've got what it takes to work in this sector
- It is important to understand that all of healthcare works as part of a mutually dependent team –

Work Inspiration  
An initiative of



The Responsible  
Business Network  
Northern Ireland

[point of view of a porter](#) working during COVID-19 pandemic.

- Celebrating Northern Ireland's nurses and midwives and to mark 200 years since the birth of Florence Nightingale, a special exhibition exploring their work was installed at the **Ulster Museum** in Belfast just before social distancing measures were introduced. Join a [virtual tour](#) to explore Nightingale's impact here and the contribution nurses and midwives make to our health and well-being today.
- "Save one life, you're a hero. Save 100 lives, you're a nurse," An [interesting study](#) to read 'Can nursing thrive in the age of Coronavirus – what young people think?'
- To inform yourself of the role of healthcare and how they have adapted to deal with COVID-19 – a series of extended reports by the BBC exploring the experiences in **Royal London Hospital** and the community it serves during Coronavirus are worth a watch. They may contain distressing scenes.
  - [First](#) extended report – Coronavirus Frontline – Doctors fear second wave of infection
  - [Second](#) extended report – Coronavirus Frontline – the fight to save lives in one of London's poorest communities
  - [Third](#) extended report – Coronavirus Frontline - the ethnic minority health workers putting their own lives on the line
  - [Fourth](#) extended report – Coronavirus Frontline -: fighting a new disease with no effective drugs or vaccine
- **Rhod Gilbert's Work Experience** series on the BBC. In this episode he explores the role of a [care worker](#)
- For those interested in working with the **Ambulance Service** – [Series 5 of Ambulance](#) has



returned to the **BBC** and the current episodes are available on the iPlayer. This takes a detailed look at ambulance services, from the highly pressurised control rooms to the crews on the street. [Series 6 of the Ambulance](#) is about to start

- For those interested in **nursing as a career**, the **BBC** has a current documentary series [Saving Our Nurses](#). For the three weeks preceding the coronavirus crisis, cameras follow the current cohort of newly qualified nurses, providing a unique insight into their world as they decide if they will - or won't - stay.
- Watch the [WOW Show Healthcare Special](#) – focussing on the range of Allied Health Professionals (AHPs) roles in the Health Service. Brief insights to amongst others careers in Podiatry, Music/Drama/Art Therapy, Diagnostic/Therapeutic Radiography, Occupational Therapy, Physiotherapy, Prosthetist & Orthotics, Dietetics, Speech and Language Therapy and finishes with a Q&A with a selection of health professionals (about 31 minutes).
  - Focus on role of [Dietitian](#)
  - Focus on role [Therapeutic Radiography](#)
  - Focus on role of [Podiatry](#)
  - [Infographic](#) providing a paragraph career overview on a selection of AHP roles covered
- Want an interesting career – a short video highlighting the **role of embalmers**. Kelly and Jennifer work as embalmers in Glasgow, preparing the bodies of the recently deceased before families see them for the last time. **BBC Three** [The Women Who Work With Dead Bodies](#)
- Like science, but don't want to become a Doctor. Explore the careers of [Clinical Scientist](#) and the role they play



## Opportunities

- Interested in Social Work? **QUB** have a [Social Work Information Evening](#) (via MS Teams) on 7 October (pre-registration is required)

## Speakers for Schools – Virtual Careers talks

- [Liz O’Riordan, Retired Consultant Breast Surgeon, breast cancer patient and the author of The Complete Guide to Breast Cancer](#). Liz’s talk with 11-18 year olds focuses on how to cope when bad things happen, developing resilience and self-care strategies during difficult times and how setting goals can help. She introduces her talk about how she got into a career in medicine from school and why she choose this specialism.

## Useful Resoures

- **Medic Player** is a [streaming service](#) to watch a wide variety of TV shows and documentaries. Aimed at any person aspiring to study towards the fields of medicine, dentistry, nursing, midwifery, paramedicine, radiotherapy, physiotherapy, biomedical science, pharmacology or life sciences.(Content is produced and created by qualified teachers and all content on is vetted) *Please note there is a cost involved and we are not making a recommendation, just highlighting this as option.* You can watch the content of [Operating Theatre Live](#) here too.

## Belfast Health and Social Care Trust

- The Trust Experience – [video](#) outlining the Trust and the scope of its work.
- Being Belfast [video](#) showcasing some of the many work areas within Belfast Trust that come together to make up the organisation.
- [Testimonials](#) from a range of Belfast Health and Social Care Trust nurses about their careers
- [Hear](#) from Chloe, a Band 5 Midwife.
- A [snapshot](#) of a career as a Children’s Occupational Therapist
- Explore on the Trust website [the departments](#) in which you could work

- If 17+ explore [volunteering](#) in the Trust

## South Eastern Health and Social Care Trust

- I am the Patient Experience - [video](#) outlining the importance of all that staff do to shape and influence the patients’ experience.
- Ulster Hospital Laboratory [Tour](#)
- [Overview](#) of the Work Inspiration and South Eastern Trust Medical Work Experience Programme.
- Student Midwifery Careers [Resource](#), development supported by Work Inspiration
- Explore the career of a Radiographer – meet [Mark Beattie](#), Radiology Practice Educator
- Explore the career of a Cardiovascular Research Nurse – meet [Stephanie Kelly](#)
- If 16+ [explore volunteering](#) in the Trust

## Southern Health and Social Care Trust

- Explore the role of a [Disability Support Worker](#)
- Explore the role of a [Clinical Fellow in Medicine](#)
- Explore the role of a [Supported Living Support Workers](#) for adults with a learning disability
- If 16+ [explore volunteering](#) in the Trust
- [Channel 4 News](#) spent 2 days at Craigavon Hospital (SHSCT) on Northern Ireland’s coronavirus frontline

## Northern Health and Social Care Trust

- Explore what it is like to [work in Causeway Hospital](#)
- Explore the role of an [Emergency Nurse Practitioner](#)
- Important role of the [Hospital Pharmacy Team](#)
- Short [nursing recruitment](#) video
- [Explore volunteering](#) in the Trust (unsure of age)

## Western Health and Social Care Trust

- Meet the [Heroes](#) of the Western Trust
- Work in [Social Work](#) in the Western Trust
- Important role of [Homecarers](#) in the Trust



- See [Patient's Journey](#) on arrival at the Omagh Hospital and Primary Care Complex – from an internal staff point of view
- [Explore volunteering](#) in the Trust (unsure of age)

### Northern Ireland Ambulance Service (NIAS)

- Overview of [Ambulance Service Careers](#)
- Explore careers on the [NIAS website](#)

### Health and Social Care NI

- Overview of the range of careers across the [disciplines](#) in Northern Ireland

### ASPIRING DENTISTS/DENTAL TEAM

The British Dental Association website has a comprehensive section on [careers](#) and also a list of [Dental Schools](#).

- This [website](#) outlines a selection of Dental Healthcare careers
- Healthcare Careers website has a section on [Dental Health](#)
- [5 things](#) aspiring dental students should look at
- Read [‘The Tooth behind my dental journey’](#) blog and then read [part 2](#)
- Explore [‘Is Dentistry really for me – filling the gaps’](#) blog
- Useful [Twitter account](#) to follow - **SAMDA**- Student Assisted Medical & Dental Application
- **We Are Medics** has information for [aspiring dentists](#), including on personal statements

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To find out more about our Work Inspiration programme, please contact [joanne.mehaffy@bitcni.org.uk](mailto:joanne.mehaffy@bitcni.org.uk), or visit [www.bitcni.org.uk/programmes/work-inspiration/](http://www.bitcni.org.uk/programmes/work-inspiration/) or [www.workinspiration-ni.com](http://www.workinspiration-ni.com)

### BIOMEDICAL SCIENCE CAREERS

- For those interested in a career in **Biomedical Science**, [meet some of the team](#) who are working in **Great Ormond Street Hospital**.
- An animated [tour](#) created by the lead Biomedical Scientist in the Haematology Unit of the **Belfast Trust**, it explains what happens when the children go to the clinic to give a blood sample.
- [Meet Kelly](#) who works in the Histocompatibility and Immunogenetics (H&I) Laboratory at the **Belfast Trust**. Her team's work is related to renal transplants but they also cover bone marrow transplants and genetics testing.
- [Meet Claire](#) who is a Senior Biomedical Scientist in Cytopathology, Cellular Pathology with the **Belfast Trust**. She gives us a quick summary of her role and explains why it's of such vital importance in the diagnosis and treatment of disease.