



## Jarlath McGurk

Advanced Practitioner  
Podiatrist

### What does your job entail?

As an Advanced Practitioner Podiatrist, my role involves providing assessment, diagnosis, and management of musculoskeletal problems related to the foot and ankle. This includes conducting assessments for and administering steroid injections, prescribing orthotic insoles, and making referrals for surgery when necessary.

### How did you get into this line of work?

Originally, I pursued a degree in Law and worked in a firm for several years. However, I realized that it wasn't the right fit for me. Fortunately, I had the opportunity to shadow a podiatrist named Paul Cullen, and after just one day in his clinic, I knew that podiatry was the right path for me. Though changing careers was daunting, it was undoubtedly the correct decision.

### Outline your career to date

After completing my degree, I joined the podiatry team in the Western Trust. I gained valuable experience across various areas, including pediatrics, specialist foot clinics for musculoskeletal issues, and ICATS (Interface Clinical Assessment and Treatment Service). In 2016, a position opened up with the Orthopaedic ICATS team in the Southern Trust, and I have been working as an advanced practitioner with the ICATS team ever since.

### Tell us about your qualifications and training

I hold a BSc (Hons) degree in Podiatric Medicine from the University of Southampton. Since graduating, I have pursued further training in Steroid Injection Therapy and Ultrasound Imaging through the Royal College of Podiatry and the Sports Medicine Ultrasound Group.

### What is the best advice you've ever received?

The best advice I've received is to "enjoy the job you choose, as it's the longest thing we do in life." I consider myself fortunate to have a job that I genuinely love.

### What do you like to do in your spare time?

With a wife and three young sons, spare time is a rarity. However, when we're not busy with football, swimming, and karate classes, I enjoy reading and traveling.

### What advice would you give your 16-year-old self?

1. Invest in lots of Bitcoin.
2. Sell Bitcoin on your 36th birthday.
3. Enjoy your retirement.

Please note that the advice given in the last response is meant to be lighthearted and not actual financial advice.