



Pauline Corr

Occupational
Therapist

Can you give us a brief work history?

I have been employed as an Occupational Therapist in SHSCT for 18 years. I have worked in Autism Services for the past eight years, having previously worked in Paediatric Core Occupational Therapy and Surestart. Before joining SHSCT I worked for five years in other paediatric OT posts in another Trust and within HSC.

What made you decide to be an OT?

When considering careers at school I knew I wanted to work within the health and social care sector. Whilst reading through university prospectuses I came across OT and immediately felt drawn to it. I felt as a student that this was a course/profession I wanted to know about, it intrigued me.

Tell us about your qualifications and training

Following A-levels I made my way to University of Ulster to study a BSc Hons in Occupational Therapy.

What does a typical day involve?

Each day is very different but typically I arrive to work and check emails and respond to any queries etc. Children attend OT clinic appointments for assessment and intervention, school visits are completed, joint assessment/intervention sessions with other members of the team and team meetings/professional meetings make up my week.

What do you like best about your job?

OT is highly regarded by the multidisciplinary team (MDT) in Autism Services. Having our role acknowledged and sought out is motivating and rewarding. I enjoy working with children/adolescents/adults and their families seeing progress because of the work we do individually as OTs and jointly as part of a very innovative MDT.

What advice would you give anyone thinking of doing your job?

I would encourage anyone considering OT as a career to go for it. It is the most interesting and diverse career within healthcare. There are so many different areas that we can work within, and we are continually learning and developing skills whilst in post.

Anything else?

I am glad I chose OT as a profession. I have found it a rewarding and enjoyable career.