



# WORK INSPIRATION – Dietetics and Nutrition

Working as a dietitian or nutritionist is an enjoyable, diverse, and secure career. If you are interested in food, people health and nutrition may be the job for you.

## General Careers Resources/Information

- Explore **The Association of UK Dietitians** section on '[Why Become a Dietitian?](#)' – find out what they do, where they work and who they work with
- Have a look at the **NHS Health Careers** website, to find out the role of a [Dietitian](#) and what the entry requirements are and what training is needed. Find out more about the role of a [Dietetic Assistant](#). If you are unsure if this is the path you would like to follow, on the [NHS website](#) you can also compare roles that are similar to dietetics
- **National Careers Service** has some information on the career path as a [dietitian](#) or a [nutritionist](#)
- **We Are the NHS** YouTube channel of [videos](#) highlighting careers in nursing, allied health (including dietetics) and healthcare support
- Have a look at this [YouTube](#) video on why you should become a dietitian, as told by a specialist diabetes dietitian
- If your interest is in sport, have a list to why you should become a [sports dietitian](#)
- Find out what is and how you can become a [Freelance Media Dietitian](#)
- Have a watch of this video to find out what an [Oncology Dietitian](#) does?
- Do you know what **an Acute Nutrition Support Dietitian** is – find out all about it [here](#)

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An initiative of



The Responsible  
Business Network  
**Northern Ireland**

- Have a look at what the differences are between becoming a [Dietitian or Nutritionist](#)
- What do Nutritionist do? [Find out here](#)
- **PROSPECTS** has a section on the variety of roles a Nutritionist works in from sports to the food science industry – find out what you need to know [here](#). They also have a section on the job of a [Dietitian](#). Also, find out what other careers are on offer with a qualification in nutrition and dietetics:
  - Career as a [Naturopath](#)
  - Career as an [Animal Nutritionist](#)
  - Career as a [Food Technologist](#)
- **Association for Nutrition** [gives an insight](#) into this varied career and shows you the qualifications that are needed and the different pathways into this field.

### Southern Health and Social Care Trust

The **Dietetics** Department within the Trust has produced a series of careers videos:

- [Dietitian Week 22 how I communicate on wards - YouTube](#)
- [Meet Barbara Irwin – a Renal Dietitian](#)
- [Meet the Dietetics Team in the SHSCT](#)
- [Learn all about Parental Nutrition Support](#)
- [Find out about Diabetics Week 2022](#)
- [Learn all about Acute Care at Home](#)

- [Find out about the Dietetics Cook it Team](#)
- Find out about a [Diabetes Specialist Dietitian](#) and what they [do](#) in these two videos.

### University/College Information

- Have a look at what the option is to [study Dietetics](#) at **Ulster University**
- **UCAS** has lots of career information that you can browse through including if you wish to study [Dietetics](#) at university
- **What UNI** find out [where you can study](#) Dietetics in the UK
- The **Association of UK Dietitians** has [a list of all the UK universities](#) that offer Dietetics degrees currently with links to the courses
- The UniGuide can give you [a comprehensive guide](#) on what Nutrition undergraduate courses are on offer at UK universities.

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To find out more about our Work Inspiration programme, please contact [Joanne Mehaffy](#) or visit [www.workinspiration-ni.com](http://www.workinspiration-ni.com)