

WORK INSPIRATION – Midwifery

Being a midwife is more than just delivering babies. A midwife is usually the first and main contact for the woman during her pregnancy, throughout labour and the early postnatal period. They are responsible for providing care and supporting women to make informed choices about their care. (Royal College of Midwives)

General Careers Resources/Information

- NHS Health Careers website section on:
 - The career of midwifery
 - Explore the career further and some <u>real</u> life stories of midwives
 - The career of a <u>maternity support worker</u>
 - Applying to study midwifery either at university or an apprenticeship
 - FAQs about careers in midwifery
- NHS Health Careers website has information on other linked careers:
 - Career as a <u>Neonatal Nurse</u>
 - Career as a Newborn Hearing Screener

- Career as a <u>Health Visitor</u>
- NHS Health Careers YouTube videos:
 - A career in <u>midwifery</u>
 - #BeThe Difference Become a Midwife
 - A career in the NHS as a <u>Maternity support</u> Worker
- Royal College of Midwives information:
 - What does a midwife do? <u>How To Become</u>
 A Midwife
 - What is a maternity support worker and what do they do? <u>How to become a</u> maternity support worker?

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- Nursing and Midwifery Council has a careers section in which in which you can find out about training and <u>becoming a Midwife in</u> the UK.
- Nursing and Midwifery Board of Ireland Why choose a career in Midwifery – have a read to find out why it might be the career for you
- The Midwife Career website has lots of useful articles on what a midwife does and what skills and qualities are needed in the links below:
 - Midwife Job Description
 - A Day in the Life as a Midwife
 - Real Life Midwife Stories
 - University Selection Day
 - Life as a Student Midwife
- One Born Every Minute on Channel 4, a ground-breaking look at the drama and emotion of a maternity unit, from the perspective of the parents-to-be and the maternity ward staff.

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Northern Ireland Practice and Education Council (NIPEC)

- Nursing and Midwifery Careers in Northern Ireland website.
 - Be inspired by the <u>real life stories</u> of nurses and midwives in NI.
 - Explore <u>150+ staff job profiles</u> across
 Northern Ireland and search by area adult nursing, children's nursing, mental health nursing, learning disability nursing, midwifery and public health nursing.

University Related Information

- Queen's University Belfast have a course in Midwifery. Explore the course – 2023 entry
- Trinity College Dublin <u>course</u> in <u>midwifery</u>
- **UCAS** have a <u>comprehensive article</u> that will give you all the information you need on what a midwife is and the grades needed by the universities. A list of universities in the UK that offer a <u>Midwifery degree</u>

 Complete University Guide has all you need to know about what is a midwife, how to apply to study and what jobs you can get once you graduate.

Local Focus

Health and Social Care NI

 Outline of <u>nursing and midwifery careers</u> in Northern Ireland

South Eastern Health and Social Care Trust

- A selection of nurses and midwives have completed career storyboards. Meet the <u>nurses and midwives</u>
- Student <u>Midwifery Careers Resource</u>, development supported by Work Inspiration
- Whilst most of this event is about nursing, there is still learning for students interested in midwifery. Meet the staff and listen back to this virtual Nursing Careers Q&A recording from the Ulster Hospital (19/10/21)

Northern Health and Social Care Trust

- 2020 was International Year of the Nurse and the Midwife and the Trust identified staff to be part of the <u>Nightingale</u> <u>Challenge</u>.
 - Meet <u>Eleni McCrea</u>, Community Midwife
 - Meet <u>Stacey Barclay</u>, Midwife
 - Meet <u>Alana Divito</u>, Midwife

Belfast Health and Social Care Trust

- Hear from Chloe a Band 5 Midwife
- Barbara Gergett a Bereavement and Loss
 Midwife talks the importance of Baby Loss
 <u>Awareness Week</u> 2021 and some parents
 who shared their story of their babies, <u>Ellie</u>,

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<u>Niamh</u> and <u>Quinn</u>. (Please note content may be upsetting)

Western Health and Social Care Trust

- A <u>video demonstration</u> of a mother giving birth in labour and the role midwives play
- Lisa McGill gives an <u>insight into her career</u> <u>journey</u> in becoming a midwife
- Shonagh Clifford, Delivery Suite Manager and talks through her career journey
- Eimear is a first-year student at QUB and gives an insight into her career journey
- Hannah is a <u>second year midwifery student</u> and talks about her university experience

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To find out more about our Work Inspiration programme, please contact <u>Joanne Mehaffy</u> or visit <u>www.workinspiration-ni.com</u>

