

WORK INSPIRATION – Nursing

A career in nursing for many is not a job, but a vocation. Once you have completed your training the day-to day role of being a nurse can really transform people's lives. A nursing career can also be tough and will tug at your heart strings, but ultimately it is a very rewarding career in which you can thrive.

General Careers Resources/Information

- For those interested in nursing as a career, the BBC has a current documentary series Saving Our Nurses. For the three weeks preceding the coronavirus crisis, cameras follow the current cohort of newly qualified nurses, providing a unique insight into their world as they decide if they will or won't stay
- Celebrating Northern Ireland's nurses and midwives and to mark 200 years since the birth of Florence Nightingale, a special exhibition



exploring their work was installed at the **Ulster Museum** in Belfast just before social distancing

- measures were introduced. Join a <u>virtual tour</u> to explore Nightingale's impact here and the contribution nurses and midwives make to our health and well-being today
- We Are the NHS YouTube <u>videos</u> highlighting careers in nursing, allied health and healthcare
- Nursing Now is a global campaign to improve health by raising the status and profile of nursing. Explore the 'voices of nursing' a series of blogs and case studies shared by nurses and midwives from around the world, at different stages of their careers
- NI Direct Nurses and midwives form the largest group of staff in Health and Social Care and are a crucial part of the healthcare team.
 They work in every sort of health setting, from

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- accident and emergency to working in patients' homes, with people of all ages and backgrounds. <u>Find out more</u>.
- **BBC Bitesize** How to Become a Nurse some videos exploring different roles:
 - Kate How to become a critical care nurse
 - Keilagh A <u>student nurse</u>
 - Sarah Critical Care Staff Nurse
 - Connor Orthopaedic Scrub Nurse
 - Jake How to become a <u>mental health</u> <u>nurse</u>
- A nurse who used to work in the Belfast
 Health and Social Care Trust, retrained and
 is now working as a <u>Cosmetic Nurse</u> in a private
 clinic
- Royal College of Nursing video, <u>This is</u> <u>Nursing</u>

Local Focus

Southern Health and Social Care Trust

- Read about the work of an <u>Organ Donation</u>
 <u>Nurse</u> based in, who is part of a team that
 covers the ICUs in Northern Ireland
- <u>Channel 4 News</u> spent 2 days at Craigavon Hospital on Northern Ireland's coronavirus frontline
- Trust Talk with <u>Conor Martin, a Mental</u>
 <u>Health Nurse</u> working in the Bluestone Unit
- Have a listen to Lucy, a breast cancer nurse describing <u>"A Day in my Shoes</u>" in this podcast
- Meet <u>Lynne Robinson</u>, Lynne is a Neonatal Nurse working in Craigavon Hospital
- Belfast Health and Social Care Trust

- <u>Testimonials</u> from a range of nurses about their careers and learning and development opportunities
- Meet <u>Wayne Cooke</u>, Wayne is a staff nurse in the haemodialysis unit at the Belfast City Hospital
- Meet <u>Jenny Morrisey</u>, Jenny is a Deputy Ward Sister in the Paediatric Emergency Department
- Meet <u>Olivia Wilson</u>, Olivia is an Advanced Care Practitioner in the Emergency Department

South Eastern Health and Social Care Trust:

- Explore the career of a Cardiovascular
 Research Nurse meet Stephanie Kelly
- A selection of nurses and midwives have completed career storyboards. Meet the nurses and midwives
- 2020 was recognised as the "International Year of the Nurse and Midwife" and the year when the Nightingale Challenge was launched to provide a range of leadership and developmental opportunities to a group of nurses and midwives. The Nightingales have reflected on their experiences throughout 2020 with reference to the COVID-19 escalation and surge.
- Meet the staff and listen back to this virtual Nursing Careers Q&A <u>recording</u> from the Ulster Hospital (19/10/21)

Northern Health and Social Care Trust

- Explore the role of an <u>Emergency Nurse</u>
 Practitioner
- Have a look at this short <u>nursing</u>
 <u>recruitment</u> video which was made by staff





- Meet <u>Gemma Shivers</u>, Gemma is a staff nurse caring for patients who have stage 5 renal disease
- Northern Ireland Blood Transfusion
 Service
 - Meet Laura O'Hare Laura is a <u>Senior Nurse /</u>
 <u>Unit leader</u> in the blood transfusion service,
 her job involves collecting blood donations
 from volunteers.
- Nursing NI If you wish to become a registered nurse in Northern Ireland, this website has been designed to help in your choice to become a nurse and to help you see the rich diversity of people who study nursing and who are welcomed into the profession
 - Video of male and female nursing students discussing why nursing is a career for all
 - Male nursing <u>students discuss why they</u> <u>chose nursing as a career</u>
 - Short social media clip on a nursing career
 - Chief Nursing Officer of NI shares her thoughts on nursing as a career for all

Northern Ireland Practice and Education Council (NIPEC)

Nursing and Midwifery Careers in Northern Ireland website.

- Be inspired by the <u>real life stories</u> of nurses and midwives in NI.
- Explore <u>150+ staff job profiles</u> across Northern Ireland and search by area – adult nursing, children's nursing, mental health

nursing, learning disability nursing, midwifery and public health nursing

Sheffield Teaching Hospitals

 Sheffield Teaching Hospitals are unable to offer physical work experience to school aged students and have recorded virtual sessions.
 This <u>session</u> highlights their apprenticeships, midwifery, and nursing (Feb 2021)

University Related

- Trinity College Dublin Find out about <u>studying Nursing and Midwifery</u> there
- Ulster University Find out all about <u>studying</u> <u>nursing</u> in their School of Nursing. Explore the range of <u>undergraduate courses</u> available.
- Queen's University Belfast Want to study Nursing and Midwifery explore their school

Speakers for Schools – Virtual Career Talks

- Emma Wadey, Head of Mental Health Nursing for NHS England and NHS Improvement, shares insights into the role of a mental health nurse and answers questions about a career in nursing
- Dr Crystal Oldman CBE, Chief Executive of the Queen's Nursing Institute. Crystal worked in the NHS for 18 years, the majority of which was in the field of community nursing. Find out about her journey and working in nursing
- Carol Cooper, Head of Equality, Diversity & Human Rights, at the Birmingham
 Community Healthcare NHS Foundation
 Trust, shares her insights into nursing and answers questions from students.

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To find out more about our Work Inspiration programme, please contact <u>Joanne Mehaffy</u> or visit www.workinspiration-ni.com

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