



WORK INSPIRATION – Health & Social Care

To help your students explore a range of careers and use resources that will help them assess their skills and abilities.

What better time to explore the roles of those staff who are working to save us and care for us in the community.

Generic Careers Websites and Information

Explore a selection of generic careers websites:

- **NHS Health Careers** [website](#)
- **Step into the NHS** [website](#)
- **NHS Health Careers** self-assessment [tool](#) for health careers
- **BBC Make It** - Selection of careers [videos](#) from across health trusts in Northern Ireland
- **University of Birmingham Blog**
5 videos every aspiring healthcare professional should [watch](#) this week.
- Understand that all of healthcare works as part of a mutually dependent team – in the

Guardian newspaper [point of view of a porter](#) working during COVID-19 pandemic.

- **BBC Rhod Gilbert's Work Experience** series
This episode explores the role of a [care worker](#)
- To inform yourself of the role of healthcare and how they have adapted to deal with COVID-19 – a series of extended reports by the **BBC** exploring the experiences in **Royal London Hospital** and the community it serves during Coronavirus are worth a watch. They may contain distressing scenes.
 - [First](#) extended report – Coronavirus Frontline – Doctors fear second wave of infection
 - [Second](#) extended report – Coronavirus Frontline – the fight to save lives in one of London's poorest communities

Work Inspiration
An initiative of



The Responsible
Business Network
Northern Ireland



- [Third](#) extended report – Coronavirus Frontline - the ethnic minority health workers putting their own lives on the line
- [Fourth](#) extended report – Coronavirus Frontline -: fighting a new disease with no effective drugs or vaccine
- For those interested in working with the **Ambulance Service** – **BBC** programme Ambulance has returned and the [current episodes are available on the iPlayer](#). Life and death decisions on the frontline. From control rooms to the crews on the street, meet the people making sure every second counts.
- For those interested in finding out more about **Health and Wellbeing** the **BBC** has a [range of programmes on TV and Radio](#) which students could explore to expand their knowledge – following a range of careers and tackling issues in health.
- **Wow Show** - watch the [WOW Show Healthcare Special](#) – focussing on the range of Allied Health Professionals (AHPs) roles in the Health Service. Brief insights to careers in Podiatry, Music/Drama/Art Therapy, Diagnostic and Therapeutic Radiography, Occupational Therapy, Physiotherapy, Prosthetist & Orthotics, Dietetics, Speech and Language Therapy and finishes with a Q&A with a selection of health professionals (about 31 minutes).
 - Focus on role of [Dietitian](#)
 - Focus on role [Therapeutic Radiography](#)
 - Focus on role of [Podiatry](#)
 - [Infographic](#) providing a paragraph career overview on a selection of AHP roles covered
 - What is it like working in an operating theatre – what does an [operating department practitioner](#) do?
- **Channel 4** One Born Every Minute, a [ground-breaking look](#) at the drama and emotion of a maternity unit, from the perspective of the parents-to-be and the maternity ward staff. For students interested in midwifery.
- **BBC Three** [The Women Who Work With Dead Bodies](#) Want an interesting career – a short video highlighting the **role of embalmers**. Kelly and Jennifer work as embalmers in Glasgow, preparing the bodies of the recently deceased before families see them for the last time.
- **Royal College of Pathology** – do you like science, but don't want to become a doctor, explore the careers of [Clinical Scientist](#) and the role they play
- **Southern Health and Social Care Trust** [read about](#) an Organ Donation Nurse based in Craigavon Hospital, who is part of a team that covers the ICUs in Northern Ireland about their work.
- **We Are the NHS** YouTube channel of [videos](#) highlighting careers in nursing, allied health and healthcare support.
- For students interested in a career in **Physiotherapy** – it is recommended that they look on the **Chartered Society of Physiotherapy** [website](#)
- **BBC Bitesize** How to Become a **Nurse** – some [videos](#) exploring different roles
- **BBC Bitesize** How to Become a **Paramedic** – [videos](#) exploring different roles
- **BBC Bitesize** [careers](#) in **healthcare**
- **Studying Healthcare** is a [partnership](#) between the **Medical, Dental** and **Pharmacy** Schools Councils to provide up-to-date and accurate information about the university application process for healthcare subjects
- **The Complete University** – been thinking about **Radiography** but not sure which to choose – explore the differences here - [Diagnostic Radiography](#) or [Therapeutic Radiography](#)
- **The Complete University** – [explore](#) a range of **careers in the NHS** and the relevant degree



- **Future Learn** - An opportunity for students to do a course to gain some skills and add to their CV. [Step into Social Care course](#)
- If you are interested in **Social Work** – find out how to become one in this [NI Jobfinder](#) blog.
- This bulletin, published by the **Department for Economy Careers** Occupational Information Unit (COIU), focuses on the [Health and Social Care sector in Northern Ireland](#). Through articles and video clips, it shares insights from the perspectives of those who work in the local Health and Social Care sector, as well as educators at local further education colleges and universities
- If you wish to become a registered **nurse** in Northern Ireland, **Nursing NI website** has been designed to help in your choice to become a nurse and to help you see the rich diversity of people who study nursing and who are welcomed into the profession
- **St George's University Hospital Foundation Trust** - find out about a career as a [Prosthetist/Orthotist](#) and meet Susie Rodgers MBE, a Paralympian who is a [prosthetic user](#).

Department of Health

- Within the **Department of Health** – Allied Health Professionals (AHPs) refers to 12 professional careers – [explore](#) the list
- Explore the **HSCNI** website to see the wide range of [disciplines](#) that staff are employed

NI Social Care Council – for students considering Social Care and Social Work (NEW)

- The Northern Ireland Social Care Council has produced [this film](#) '**Social Care Matters**' to highlight the importance of Social Care Workers to Northern Ireland. Social Care provides care, support, and safeguards to people with a wide

range of needs arising from disability, illness or other life situations. It also contributes almost £1 billion to our local economy.

Their website is an excellent resource to enable students to better assess what a career in social work is like and if it is something that they want to find out more about:

- [Explore](#) a career in **social care**
- Hear from [Marie](#) who is a care assistant
- Hear from [Donna and Aileen](#) who work for **Leonard Cheshire**
- Hear from [Jackie and Heather](#) who work for **Bluebird Care**
- [Explore](#) a career in **social work**
- Hear from [Naomi](#) who is a social worker with the **Probation Board for Northern Ireland**
- Meet [Jonathan](#) who is social worker with the **Belfast Health and Social Care Trust**
- Meet [Jenny](#) who is a social worker with the **Southern Health and Social Care Trust**
- Meet [Ciaran](#) a social worker with **Children in Northern Ireland**
- Meet [Tina](#) a social worker with **Extern**
- Hear from service users in this video '[How Social Workers Impact My Life](#)'
- Degree in [Social Work in NI](#)
- **NEW** [podcast](#) Dr Wendy Austin talks to Paul Rooney, Professional Adviser at the Social Care Council and Jackie McCaughey, Area Manager at MindWise, on how to present social care as a rewarding career opportunity for the next generation or for people interested in changing professions.



- A Question of Care – A Career for you? [Do this interactive quiz](#) and at the end you'll receive a detailed personal profile that tells you if you've got what it takes to work in this sector
- A series of [short films and photographs](#) telling the stories of the social care workforce during the Covid-19 pandemic and through to today. Watch their inspirational journeys for an insight into a rewarding and fulfilling career
- **Department for Economy** website, has the resource "[A Career that Makes a Difference - A Useful Guide to a Career in Social Work and Social Care](#)" which comprises a blend of written and video-based information, as well as links to helpful online resources for those students.

Pharmacy Forum NI

[Pharmacy Futures NI](#) are encouraging students to make pharmacy their career of choice.

The highlight of their outreach activity was a dynamic [virtual careers event](#) which is available as an ongoing resource. Lasting 30 minutes, their virtual showcase event will give pupils an exciting insight into life as a pharmacist in Northern Ireland – from studying pharmacy at university, to the first few years as a pharmacist and opportunities to progress in hospital, community and GP surgery pharmacy sectors.

Sheffield Teaching Hospitals

Sheffield Teaching Hospitals have been unable to offer physical work experience to school aged students and have recorded several virtual sessions.

- First [session](#) highlights their apprenticeships, midwifery, and nursing. (Feb 2021)
- Second [session](#) highlights the role of Allied Health Professionals (AHPs), Medicine and non-clinical careers – focus on Physiotherapy, Occupational Therapy and Medicine (April 2021)
- Next [session](#) highlights the role of Healthcare Science, Pharmacy and Dentistry (May 2021)

Speakers for Schools – Virtual Careers Talks

- Liz O'Riordan, Consultant Breast Surgeon [talks](#) with 11-18 year olds on how to cope when bad things happen, developing resilience and self-care strategies during difficult times and how setting goals can help. She introduces her talk about how she got into a career in medicine
- Emma Wadey, Head of Mental Health Nursing for **NHS England and NHS Improvement**, [shares insights](#) into the role of a **mental health nurse** and answers questions about a career in nursing
- Dr Crystal Oldman CBE, Chief Executive of the **Queen's Nursing Institute**. Crystal worked in the NHS for 18 years, the majority of which was in the field of **community nursing**. [Find out](#) about her journey and working in nursing
- Carol Cooper, Head of Equality, Diversity & Human Rights, at the **Birmingham Community Healthcare NHS Foundation Trust**, [shares](#) her insights into **nursing** and answers questions from students
- Martin Houghton-Brown, **CEO of St John Ambulance**, [shares his journey](#) to self-acceptance and success. He also gives insight into the work of St John Ambulance during the pandemic



- Thinking about studying **Psychology**? [Hear from leading Clinical Psychologist](#), Dr Sarah Mackenzie Ross on how she pursued a career in the field and is now running her own private practice. Perfect for students who are thinking about studying Psychology further.

Useful Resources

- **Medic Player** is a [streaming service](#) to watch a wide variety of TV shows and documentaries. Aimed at any person aspiring to study towards the fields of medicine, dentistry, nursing, midwifery, paramedicine, radiotherapy, physiotherapy, biomedical science, pharmacology, or life sciences. (Content is produced and created by qualified teachers and all content on is vetted) *Please note there is a cost involved and we are not making a recommendation, just highlighting this as option for school or student purchase.* Channels that can be watched with schedules and programming can be found on their Twitter accounts – [Medic Player](#); [The Post Mortem Live](#); [24 Hours on the Ward](#); [Illustrate Anatomy](#); [Operating Theatre Live](#);

Belfast Health and Social Care Trust

- The Trust Experience – [video](#) outlining the Trust and the scope of its work.
- Being Belfast [video](#) showcasing some of the many work areas within Belfast Trust that come together to make up the organisation.
- [Testimonials](#) from a range of Belfast Health and Social Care Trust nurses about their careers
- [Hear](#) from Chloe, a Band 5 Midwife.
- **New** A [snapshot](#) of a career as a Children's Occupational Therapist
- Explore [the departments](#) in the Trust
- If 17+ explore [volunteering](#) in the Trust
- The Pathologist and the Patient – Sharing the Journey – [a podcast](#) recorded as part of Patient

Safety week and exploring the roles of laboratory and their role in patient care. [Meet the patient and Dr Gareth McKeeman](#) a Consultant Clinical Scientist, Clinical Biochemistry

- Meet Alan McCandless – a [Biomedical Scientist](#) in the Institute of Pathology in the Royal Victoria Hospital, Belfast Trust.
- On [World Physiotherapy Day](#), the Belfast Trust shared a short video on their vital contribution the physiotherapists had made during Covid
- Meet a **Diagnostic Radiographer**, [Jordan Sproule](#), who works in the Royal (past pupil of Strabane Academy who did his school work experience in the Belfast Trust)
- **Opicare** is based at Musgrave Park Hospital and [Lynne McKinley](#), Assistant Clinical Lead Prosthetist is sharing her career story. This **BBC clip** follows the prosthetics manager at Musgrave Park Hospital in Belfast as he creates a new fitting for a patient and learn about how a person adapts to life with a prosthetic limb
- As part of Disability Awareness Week [hear](#) about the role of a **Daycare Worker**
- Meet [Helen Beattie](#), a Community Paediatric **Physiotherapist**
- Meet [Graham McKee](#) a **Physiotherapist** in the Cancer Centre
- Meet [Karen Goodall](#) a **Biomedical Scientist - Immunology** in the Royal Hospital
- Meet [Violet Linton](#) a **Biomedical Scientist – Microbiology** in the Royal Hospital
- **New** Several **Occupational Therapists** are keen to share [their career journey](#) for students.

South Eastern Health and Social Care Trust

- I am the Patient Experience - [video](#) outlining the importance of all that staff do to shape and influence the patients' experience.



- Ulster Hospital Laboratory [Tour](#)
- [Overview](#) of the Work Inspiration/South Eastern Trust Medical Work Experience Programme.
- Student Midwifery Careers [Resource](#), development supported by Work Inspiration
- Explore the career of a Radiographer – meet [Mark Beattie](#), Radiology Practice Educator
- Explore the career of a Cardiovascular Research Nurse – meet [Stephanie Kelly](#)
- If 16+ [explore volunteering](#) in the Trust
- Meet some of the Trust [nurses and midwives](#) in the Trust and explore their careers.

Southern Health and Social Care Trust

- Explore the role of a [Disability Support Worker](#)
- Explore the role of a [Clinical Fellow in Medicine](#)
- Explore the role of a [Supported Living Support Workers](#) for adults with a learning disability
- If 16+ [explore volunteering](#) in the Trust
- [Channel 4 News](#) spent 2 days at Craigavon Hospital (SHSCT) on Northern Ireland's coronavirus frontline
- Showcasing the work of the [Allied Health Professions](#) in the Southern Trust.
- Have a listen to these podcasts " [A Day in my Shoes](#) by clinical staff working in the trust. Departments included are disability team leader, domiciliary care social worker and someone working with patients with epilepsy.

Northern Health and Social Care Trust

- Explore what it is like to [work in Causeway Hospital](#)
- Explore the role of an [Emergency Nurse Practitioner](#)
- Important role of the [Hospital Pharmacy Team](#)
- Short [nursing recruitment](#) video
- [Explore volunteering](#) in the Trust (unsure of age)
- [Career of a Dietitian](#) in the Northern Trust

- 2020 is the **International Year of the Nurse and the Midwife** and the Trust identified staff to be part of the Nightingale Challenge. Meet [Ruth McDowell](#) (and then scroll down the page to read the blogs of other staff)
- The Trust hosted a Careers Webinar with Work Inspiration for students considering **Physiotherapy**. Recording is [here](#) (Dec. 2020)

Western Health and Social Care Trust

- Meet the [Heroes](#) of the Western Trust
- Work in [Social Work](#) in the Western Trust
- Important role of [Homecarers](#) in the Trust
- See [Patient's Journey](#) on arrival at the Omagh Hospital and Primary Care Complex – from an internal staff point of view
- If **Social Work** is something you are interested in as a career – here is a [recording from a webinar](#) they hosted and some [career storyboards](#).
- [Explore volunteering](#) in the Trust (unsure of age)
- They have developed a section of resources on their [website](#) – check under the Careers Information and Careers in the Western Trust section.

Northern Ireland Ambulance Service (NIAS)

- Overview of [Ambulance Service Careers](#)
- Explore careers on the [NIAS website](#)
- **Ulster University** are launching a 3-year Paramedic Science course for intake in September 2021. Explore the course [here](#) and hear the future applicant webinar
- explore a paramedic career on the **NHS Careers website**

ASPIRING DENTISTS/DENTAL TEAM

The British Dental Association website has a comprehensive section on [careers](#) and also a list of [Dental Schools](#).

- This [website](#) outlines a selection of Dental Healthcare careers
- **NHS Healthcare Careers** website has a section on [Dental Health](#)
- [5 things](#) aspiring dental students should look at
- Read '[The Tooth behind my dental journey](#)' blog and then read [part 2](#)
- Explore '[Is Dentistry really for me – filling the gaps](#)' blog
- Useful [Twitter account](#) to follow - **SAMDA**- Student Assisted Medical & Dental Application
- **We Are Medics** has information for [aspiring dentists](#), including on personal statements
- **Future Learn** and the **University of Sheffield** Discover Dentistry - Discover the fascinating world of **dentistry** and explore the impact dentistry has on our lives. A free [virtual work experience](#) for students.

BIOMEDICAL SCIENCE CAREERS

- For those interested in a career in **Biomedical Science**, [meet some of the team](#) who are working in **Great Ormond Street Hospital**.
- An animated [tour](#) created by the lead Biomedical Scientist in the Haematology Unit of the **Belfast Trust**, it explains what happens when the children go to the clinic to give a blood sample.

- [Meet Kelly](#) who works in the Histocompatibility and Immunogenetics (H&I) Laboratory at the **Belfast Trust**. Her team's work is related to renal transplants but they also cover bone marrow transplants and genetics testing.
- [Meet Claire](#) who is a Senior Biomedical Scientist in Cytopathology, Cellular Pathology with the **Belfast Trust**. She gives us a quick summary of her role and explains why it's of such vital importance in the diagnosis and treatment of disease.
- Meet Alan McCandless – a [Biomedical Scientist](#) in the Institute of Pathology in the Royal Victoria Hospital, **Belfast Trust**.
- **Institute of Biomedical Sciences** has some useful [careers resources](#) for students to explore
- The **Department for the Economy NI** has a useful Careers and Occupational Unit Bulletin (published in October 2020) that looks at [Life Sciences](#) and profiles some people working in industry, and has input from QUB and Ulster University.
- **NHS Healthcare Careers** website has a [section](#) for students to explore roles within Healthcare Science
- Discover more about the [career](#) of a **Clinical Scientist** and [meet](#) some of the people in these roles
- **Western Health and Social Care Trust** have a section on Biomedical Science [careers](#)

WORK INSPIRATION HAVE A SELECTION OF SPECIFIC HEALTH RELATED CAREERS REOURCES

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To find out more about our Work Inspiration programme, please contact [Joanne Mehaffy](#) or visit www.workinspiration-ni.com